



12th Annual **Hiawathaland Compete USA Competition**

February 4, 2018

Hosted by the Rochester Figure Skating Club

Events:

• Basic Elements: Snowplow Sam through Basic 6

• Basic Program: Snowplow Sam through Basic 6

• Compulsory: Pre-Free Skate through Free Skate 6

• Program: Pre-Free Skate through Free Skate 6

Online Registration Deadline: Sunday, December 3, 2017

Rochester Figure Skating Club 21 Elton Hills Drive NW Rochester, MN 55901

Website: <u>www.rochesterfsc.org</u> E-mail: <u>hiawathaland@rochesterfsc.org</u>





12th Annual **Hiawathaland Compete USA Competition**

February 4, 2018

Hosted by the Rochester Figure Skating Club

The Hiawathaland Compete USA Competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

ELIGIBILITY FOR SKATERS:

The Hiawathaland Compete USA Competition is open to ALL skaters who are current eligible members of either the Compete USA program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete, but must be registered with the host Compete USA program/club or any other Compete USA program/club.

Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills 1-6 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed, including Moves in the Field or individual dances.

For the Pre-free skate, Free skate 1-6 levels, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (Moves in the Field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher but not both levels in the same event during the same competition. Skaters must compete at the same level for all events.

ENTRIES: Online entry with secure credit card payment is available at www.rochesterfsc.org (major credit cards). Online entry must be COMPLETED by 11:59pm on Sunday, December 3rd, 2017. When using the online registration, it is the skaters' and coaches' responsibility to verify that the skater has entered the correct event and level. Upon receiving your application online, an e-mail will be sent to the skater's coach to verify the accuracy of the entry. An official at the skater's home club will also be notified to certify the skater's standing within the club.

Late entries, event changes or additions to entries made after the registration deadline will be assessed a \$25 change/add fee and will be accepted only at the discretion of the Chief Referee. Contested credit card charges also will be assessed a \$25.00 fee. Payment of the fee will be required before a skater is allowed to participate in practice ice or events.

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Notification of competition and practice ice times will not be available by phone, mail, or email. Skaters' and Coaches' schedules will be available via the web at www.rochesterfsc.org. Please also check the website for any possible changes or corrections to this announcement.

LIST OF FEES:

- Registration Fee \$60
- Additional Event Fee \$20
- An online processing fee of 3.8% will be added to each transaction
- Late registration fee \$25

***Registration fees for individual entrants include one FREE video of your choice compliments of Rochester Figure Skating Club.

Add/Change Event: Registered events can be changed and new events can be added without penalty before 11:59pm, *Sunday, December 3rd, 2017*. Any event change after this deadline will be accepted only at the discretion of the Chief Referee with a \$25 change/add fee per event.

REFUND POLICY: Entry fees will not be refunded after Sunday, December 3rd, 2017 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for insufficient funds and contested credit card charges will be issued a \$25 fee. Payment of the fee will be required before a skater will be allowed to participate in practice ice or events.

<u>SCHEDULE OF EVENTS</u>: Skaters' and Coaches' schedules will be available via the web at <u>www.rochesterfsc.org</u>.

PRACTICE ICE: Practice ice will be available for purchase online at www.rochesterfsc.org. It is suggested that you reserve your practice ice when you register so that you will have first choice of times once the schedule is posted online. When reserving practice ice sessions online during registration, you MUST indicate the number of sessions you want to reserve and you MUST pay for them at that time. Each skater will be allowed to reserve one session per event registered. You will receive an email with a PIN number in order to access your practice ice records and select your sessions on a first come first served basis. Practice ice cost will be \$11.00/session if you preorder the sessions (On-line deadline is 11:59PM, Sunday, December 3rd, 2017). After the schedule has been posted and those that reserved practice ice have had time to select their sessions, additional practice ice will be available for purchase at \$13.00/session. If available, remaining practice ice will be available for purchase at the registration desk for \$15.00/session. All sessions are 20 minutes. No music will be played during practice ice.

Notification of competition and practice ice times will not be available by phone, mail, or email. Skaters' and Coaches' schedules will be available via the web at www.rochesterfsc.org. Please check back often.

FACILITIES: All Competition events and practice ice will be held at the Rochester Recreation Center, 21 Elton Hills Dr. NW, Rochester, MN. The arena has two ice surfaces, each 85'x 200'. Seating is available for spectators. Locker rooms are located on the lower level. Concessions will be available on the upper entrance level. No admission will be charged.

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<u>COMPETITION PROGRAMS</u> – Programs may be ordered in advance for \$5.00 each. A limited number will be available at the competition. Advertising space is available. See the end of the announcement for details.

<u>MUSIC</u>: Only CDs will be accepted. Due to potential incompatibility issues, music may NOT be submitted on re-recordable "CD-RW" discs. CDs may only contain ONE track. If you are competing in multiple events that require music, you MUST submit a separate CD for each program. Lead-in time (time before the music begins) on CDs may not exceed two seconds.

The official competition music must be turned in at the registration table at the time of checkin. A duplicate CD should be readily available. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the Rochester Figure Skating Club cannot be responsible for CDs left at the end of the competition. Music will not be played at practice sessions.

<u>REGISTRATION/CHECK-IN DESK:</u> The Registration/Check-In Desk will be open during all practice ice sessions and events. The Registration Desk will be located at the east side main entrance to the Recreation Center. Please register promptly upon arrival. Registration will be your final confirmation of event(s) and competition time(s). Events may run ahead of schedule at the discretion of the referee.

PHOTOGRAPHY/VIDEOGRAPHY: Digital recording of individual competitor performances will be available. An official photographer will be present for individual event and awards photography. These services will be available in the gym of the Recreation Center during the competition.

<u>AWARDS:</u> Awards will be given to all participants in the Basic Skills Competition. Awards Desk is located in the gym.

<u>OFFICIAL NOTICES:</u> Event numbers and times will be posted in the gym. It is the responsibility of each competitor, parent and coach to check the gym frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

FIRST AID: A First Aid Room (with bandages, ibuprophen, ice packs, etc.) will be located directly across from the skaters' entrance to the South Rink. Please look for signs.

LOST AND FOUND: Lost and found items may be claimed at the Registration Desk.

<u>LIABILITY</u>: U.S. Figure Skating, Rochester Figure Skating Club and Rochester Recreation Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;

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B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.

C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.

D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

Rochester Figure Skating Club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event Registration Desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – <u>no exceptions</u>. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to: http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf

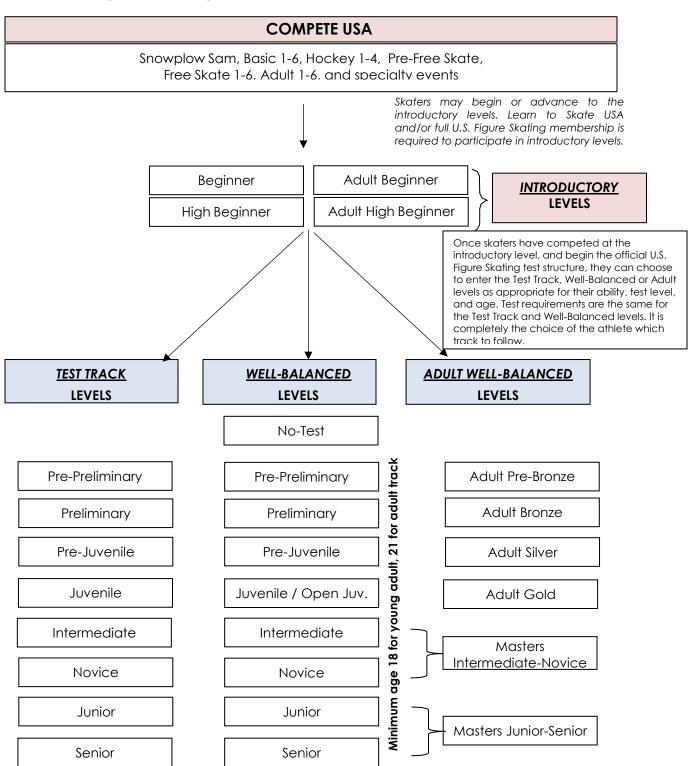
A coaches' requirements chart can be found here: http://www.usfigureskating.org/Content/Coaches%20Requirement%20Chart.pdf

<u>CONTACT INFO:</u> If you have questions, please contact John Kappler or Fawn Hangge, 2018 Hiawathaland Co-Chairs, *hiawathaland@rochesterfsc.org*.

<u>ACCOMMODATIONS</u>: See our web site, <u>www.rochesterfsc.org</u> for a list of recommended hotels nearby.

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Illustration of Singles Free Skating Events:



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SNOWPLOW SAM – BASIC 6 ELEMENTS

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the <u>order listed below</u> (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- All elements must be skated in the order listed.

Level	Time	Skating rules/standards
		March followed by a two-foot glide and dip
Snowplow	1:00 max.	Forward two-foot swizzles, 2-3 in a row
Sam		Forward snowplow stop
		Backward wiggles, 2-6 in a row
		Forward two-foot glide and dip
Basic 1	1:00 max.	Forward two-foot swizzles, 6-8 in a row
		Beginning snowplow stop on two-feet or one-foot
		Backward wiggles, 6-8 in a row
		Forward one-foot glide, either foot
Basic 2	1:00 max.	 Scooter pushes, right and left foot, 2-3 each foot
		Moving snowplow stop
		Two-foot turn in place, forward to backward
		Backward two-foot swizzles, 6-8 in a row
		Beginning forward stroking showing correct use of blade
Basic 3	1:00 max.	 Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6
		consecutive
		Forward slalom
		Beginning backward one-foot glide, either foot
		Moving forward to backward two-foot turn on a circle
		Backward one-foot glides, right and left
Basic 4	1:00 max.	Forward outside edge on a circle, clockwise or counter clockwise
		 Forward crossovers, 4-6 consecutive, both directions
		Beginning two-foot spin, maximum 2-4 revolutions
		Backward ½ swizzle pumps on a circle, one direction only
		Backward outside edge on a circle, clockwise or counterclockwise
		Backward crossovers, 4-6 consecutive, both directions
Basic 5	1:00 max.	 Advanced two-foot spin, maximum 4-6 revolutions
		Forward outside three-turn, right and left
		Hockey stop
		Forward inside three-turn, right and left
Basic 6	1:00 max.	Bunny Hop
		Forward spiral on a straight line, right or left
		 Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry
		T-stop, right or left

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SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.

Level	Time	Skating rules/standards
		March followed by a two-foot glide and dip
Snowplow	1:10 max.	 Forward two-foot swizzles, 2-3 in a row
Sam		Forward snowplow stop
		Backward wiggles, 2-6 in a row
		Forward two-foot glide and dip
Basic 1	1:10 max.	 Forward two-foot swizzles, 6-8 in a row
		 Beginning snowplow stop on two-feet or one-foot
		Backward wiggles, 6-8 in a row
		Forward one-foot glide, either foot
Basic 2	1:10 max.	 Scooter pushes, right and left foot, 2-3 each foot
		Moving snowplow stop
		Two-foot turn in place, forward to backward
		Backward two-foot swizzles, 6-8 in a row
		Beginning forward stroking showing correct use of blade
Basic 3	1:10 max.	 Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6
		consecutive
		Forward slalom
		Beginning backward one-foot glide, either foot
		Moving forward to backward two-foot turn on a circle
		Backward one-foot glides, right and left
Basic 4	1:10 max.	 Forward outside edge on a circle, clockwise or counter clockwise
		 Forward crossovers, 4-6 consecutive, both directions
		 Beginning two-foot spin, maximum 2-4 revolutions
		Backward ½ swizzle pumps on a circle, one direction only
		Backward outside edge on a circle, clockwise or counterclockwise
	1:10 max.	 Backward crossovers, 4-6 consecutive, both directions
Basic 5		 Advanced two-foot spin, maximum 4-6 revolutions
		 Forward outside three-turn, right and left
		Hockey stop
		Forward inside three-turn, right and left
Basic 6	1:10 max.	Bunny Hop
		Forward spiral on a straight line, right or left
		 Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry
		T-stop, right or left

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PRE-FREE SKATE – FREE SKATE 6 COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels. Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum

Level	Time	Skating rules/standards
		Forward inside open Mohawk from a standstill position (R to L and L to R)
		Two forward crossovers into a forward inside Mohawk, step down and
Pre-Free Skate	1:15 max	cross behind, step into one backward crossover and step to a forward
		inside edge, clockwise and counterclockwise
		One-foot upright spin, optional entry and free-foot position (minimum
		three revolutions
		Mazurka
		Waltz jump
		 Forward power stroking, 4-6 consecutive strokes
Free Skate 1	1:15 max.	Backward outside three-turns, right and left
		Upright spin, entry from backward crossovers - minimum 4-6 revolutions
		Toe loop
		Half flip jump
		 Alternating forward outside and inside spirals on a continuous axis (2 sets)
Free Skate 2	1:15 max.	Backward inside three-turns, right and left
		Beginning back spin, up to two revolutions
		Half Lutz
		Salchow jump
		Alternating Mohawk/crossover sequence, right to left and left to right
Free Skate 3	1:15 max.	Waltz three-turns, clockwise and counterclockwise
		 Advanced back spin with free foot in crossed leg position, min 3 revs
		Loop jump
		Waltz jump/toe loop or Salchow/toe loop jump combination
		 Forward power 3's, 2-3 consecutive sets, right or left
Free Skate 4	1:15 max.	Sit spin - minimum three revolutions
		Half loop jump
		Flip jump
		Backward outside three-turn, Mohawk (backward power three-turn), both
Free Skate 5	1:15 max.	directions
		Camel spin - minimum three revolutions
		Waltz jump-loop jump combination
		Lutz jump
		Forward power pulls, right and left
Free Skate 6	1:15 max.	Split jump or stag jump
		Camel, sit spin combination - minimum of four revolutions total
		Waltz jump, ½ loop, Salchow jump sequence
		Beginning Axel jump

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PRE-FREE SKATE - FREE SKATE 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels. Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	 Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise One-foot upright spin, optional entry and free-foot position (minimum three revolutions Mazurka
Free Skate 1	1:40 max	 Waltz jump Forward power stroking, 4-6 consecutive strokes Upright spin, entry from backward crossovers - minimum 4-6 revolutions Toe loop jump Half flip jump
Free Skate 2	1:40 max.	 Alternating forward outside and inside spirals on a continuous axis (2 sets) Beginning back spin, up to two revolutions Half Lutz Salchow jump
Free Skate 3	1:40 max	 Alternating Mohawk/crossover sequence, right to left and left to right Advanced back spin with free foot in crossed leg position, min 3 revs Loop jump Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:40 max.	 Forward power 3's, 2-3 consecutive sets, right or left Sit spin - minimum three revolutions Half Loop jump Flip jump
Free Skate 5	1:40 max.	 Backward outside three-turn, Mohawk (backward power three-turn), both directions Camel spin - minimum three revolutions Waltz-loop jump combination Lutz jump
Free Skate 6	1:40 max.	 Split jump or stag jump Camel, sit spin combination - minimum of four revolutions total Waltz jump, ½ loop, Salchow jump sequence Beginning Axel jump





TWIN CITY FIGURE SKATING ASSOCIATION COMPETE USA COMPETITION SERIES

(formerly the Basic Skills Series)

TCFSA COMPETE USA SERIES MISSION STATEMENT: The purpose of the "Series" is to promote an introductory competitive experience for the beginning TCFSA member skater allowing them to develop the USFS basic skills in an enjoyable environment. The Twin City Figure Skating Association (TCFSA) Compete USA Competition Series is sponsored solely by TCFSA and is a United States Figure Skating approved Basic Skills Series. Competition announcements and entry forms will be posted on the official website of each participating competition. Compete USA skaters are automatically registered and will have the opportunity to compete at 12 different local TCFSA member competitions to earn points for a final standing. **Skaters MUST participate in at least 2 competitions to be eligible for an Award.** Awards will be presented to the skaters with the highest point totals at the end of the series. Skaters competing in more than 5 competitions will use their 5 highest placements. Point accumulation information will be available at www.tcfsa.org in the COMPETE section. A team trophy will be awarded to the TCFSA member club that accumulates the most points during the series season.

THE POINT SYSTEM: Each skater must be a member in good standing of a TCFSA member club or Compete program. Each Compete USA freestyle event in each of the series competitions will be eligible for accumulating points. The system for scoring points for the final standing will be as follows:

PLACE	POINTS
1	5
2	4
3	3
4	2

All competitors who place 5th place or lower will be awarded one participation point. Per the USFS Compete webpage, if there is only one skater in the group, he or she will be awarded three points. Also, should a skater move up a level during the competition series season, their points will follow them to the next level. They will also be rewarded 2 bonus points for moving up ONE time throughout the series season.

A list of participating competitions can be found on the TCFSA website under the Learn to Skate icon.

ELIGIBILITY and RULES FOR PARTICIPANTS: The TCFSA Compete USA series is open to ALL skaters who are current eligible members of either the Learn to Skate program or full members of U.S. Figure Skating through a TCFSA member club. Eligibility is based on the skill level as of the closing date of entries. All Snowplow Sam and Basic Skills skaters through Basic 6 must skate at their highest level passed and MAY NOT have passed any US figure skating tests including Moves in the Field or Dance tests. Males and females may, or may not, be placed in the same group. The competitions in the series will be conducted under the rules set forth by the US Figure Skating "COMPETE USA Competition Manual" program. Basic skills levels included in the TCFSA series are Snowplow Sam, Basic 1 through Basic 6 and Pre Free Skate through Free Skate 6. Elements for each level will be included in the individual announcement for each competition.

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The 32nd Annual U.S. Figure Skating Hiawathaland Open and 12th Annual Compete USA Competition

Advertising/2018 Program DEADLINE IS 11:59pm Wednesday JANUARY 10th, 2018
The 32nd Annual U.S. Figure Skating Hiawathaland Open and 12th Annual Compete USA
Competition will be held at the Rochester Recreation Center, February 2-4, 2018 hosted by the
Rochester Figure Skating Club. We are offering an opportunity for skaters, parents, etc. to write
their own personal message. This message could wish a special skater good luck or thank a
favorite coach. The message can be up to 150 characters, including spaces. Please check your
selection for ad size and complete the information requested below.

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\$15.00

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Personal Message

2 Lines - 40 characters

hiawathaland@rochesterfsc.org

Contact Person

Subject line: 2018 Hiawathaland Ad Book